



## **This summer get your children moving to learn with Kb-Insights summer programme**

Want to improve your child's performance- academically and physically.

Make this summer break count - take advantage of the opportunity for your child to participate in fun active sessions which will integrate left and right brain.

We have 2 feet, 2 hands, 2 ears, 2 eyes and even 2 brains: left and right. When it comes to function we are decidedly one sided, the most obvious of course is handedness. By about age of 2, it becomes more obvious if your child favours left or right hand.

Where there is mixed laterality it can cause difficulties: dyslexic tendencies, auditory processing difficulties or behavioural difficulties. This summer take advantage of the opportunity for your child to participate in fun active sessions which will help integrate and sharpen processing.

Academic and cognitive learning is based on successful motor learning experiences. If your child finds aspects of learning challenging or has fluctuating concentration, give them a break from the books and get them active.

For others who are involved in competitive sports, and wish to enhance their performance, it can refine their movements and coordination.

A 6 wk programme based on 2 sessions a week. Individual sessions available which can be tailored to your child or various group sessions 5 – 16 - READ ON.....

### **Bilateral Integration**

### **Summer Programme**

#### Group

6wk programme based on 1 session per week

These sessions will be 1 hr per session

Cost £65

#### Individual Sessions

Sessions tailored to the individual

50min per session

Cost £120

**NB These sessions can be tailored to a family grouping – children/children + parent**

Alternatively fit in around your holiday plans

Purchase 6 individual sessions and work them around your schedule eg 6 sessions in 4 weeks

Payment for the full block is paid in advance

To discuss and book the option that best suits you call 07837930714  
Karen@kb-insights.co.uk

Summer Programme

Venue to be confirmed but will be central Edinburgh